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# Fluorometric method for the determination of hydrogen peroxide and glucose with $Fe_3O_4$ as catalyst

Yuan Gao, Guannan Wang, Hui Huang, Junjie Hu, Syed Mazhar Shah, Xingguang Su\*

Department of Analytical Chemistry, College of Chemistry, Jilin University, Changchun 130012, China

#### ARTICLE INFO

Article history: Received 13 February 2011 Received in revised form 6 May 2011 Accepted 12 May 2011 Available online 19 May 2011

Keywords: Hydrogen peroxide Glucose CdTe QDs Fe<sub>3</sub>O<sub>4</sub> magnetic nanoparticles

#### ABSTRACT

In this paper, we utilized the instinct peroxidase-like property of Fe $_3$ O $_4$  magnetic nanoparticles (MNPs) to establish a new fluorometric method for determination of hydrogen peroxide and glucose. In the presence of Fe $_3$ O $_4$  MNPs as peroxidase mimetic catalyst, H $_2$ O $_2$  was decomposed into radical that could quench the fluorescence of CdTe QDs more efficiently and rapidly. Then the oxidization of glucose by glucose oxidase was coupled with the fluorescence quenching of CdTe QDs by H $_2$ O $_2$  producer with Fe $_3$ O $_4$  MNPs catalyst, which can be used to detect glucose. Under the optimal reaction conditions, a linear correlation was established between fluorescence intensity ratio  $I_0/I$  and concentration of H $_2$ O $_2$  from  $1.8 \times 10^{-7}$  to  $9 \times 10^{-4}$  mol/L with a detection limit of  $1.8 \times 10^{-8}$  mol/L. And a linear correlation was established between fluorescence intensity ratio  $I_0/I$  and concentration of glucose from  $1.6 \times 10^{-6}$  to  $1.6 \times 10^{-4}$  mol/L with a detection limit of  $1.0 \times 10^{-6}$  mol/L. The proposed method was applied to the determination of glucose in human serum samples with satisfactory results.

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## 1. Introduction

In the past two decades, quantum dots (QDs) have attracted considerable interest as a new type of labeling and imaging materials in biomedical applications due to their unique size-dependent optical and electronic properties [1]. The variable fluorescence emitted from QDs of different sizes can be simultaneously excited with a single excitation light, since their excitation spectrum is broad and continuous [2,3]. As the optical property of QDs strongly depends on the nature of the surface [4], the interactions between specific analytes and the surface of the QDs can result in fluorescence quenching or enhancement. These outstanding features pave the way for the applications of QDs in cellular labeling and biosensors. QD-based biochemical assay has become one of the most exciting forefront fields in analytical chemistry [5].

Hydrogen peroxide  $(H_2O_2)$  is one of the most important species involved in environmental and biological processes [6]. It is one of reactive oxygen species, which are responsible for a variety of tissue damages, resulting in lipid peroxidation, protein carbonyl formation, inactivation of some enzymes and DNA strand breaks or formation of DNA adducts in biological systems [7]. So determination of  $H_2O_2$  in biological systems is of vital importance. Horseradish peroxidase (HRP) is a typical natural peroxidase, in which heme iron act as the activity center. It is also the most

Fe<sub>3</sub>O<sub>4</sub> magnetic nanoparticles (MNPs) are attractive materials which are particularly useful for imaging and separation techniques due to their basic magnetic property [15]. They have been used for separation of DNA [16], virus, proteins [17], drug delivery [18], and magnetic resonance imaging (MRI) [19]. Unexpectedly, Yan and coworkers found the intrinsic peroxidase-like activity of Fe<sub>3</sub>O<sub>4</sub> MNPs, which is similar to the catalysis of natural peroxidase such as HRP. Wei and Wang used the novel property of Fe<sub>3</sub>O<sub>4</sub> MNPs as peroxidase mimetics to detect H<sub>2</sub>O<sub>2</sub> and glucose with 2,2'-azino-bis(3-ethylbenzo-thiazoline-6-sulfonic acid) diammonium salt (ABTS) as substrate [20]. Recently, many nano-size magnetic materials have been found to have peroxidase-like property (e.g., Fe<sub>3</sub>O<sub>4</sub> nanoparticles [20], Fe<sub>3</sub>O<sub>4</sub> nanotubes [21], Mn<sub>3</sub>O<sub>4</sub> nanoparticles [22], BiFeO<sub>3</sub> nanoparticles [23] and FeS nanosheets [10]). Researchers have developed the determination techniques

commonly used enzyme in  $H_2O_2$  detection [8]. Many enzyme-base devices for trace  $H_2O_2$  identification exhibited high sensitivity due to high loading capability of enzyme on nanoparticles [9,10]. But these devices could not avoid the limitations due to its natural enzyme properties, such as easy denaturation, high price and time consuming. So the favorable mimic enzyme has always been looked for the substitution of the natural enzyme. As alternatives to natural enzymes, metal-porphyrin and metal-phthalocyanine complexes, Schiff base complexes, hemin and hematin had been tried to apply for the determination of  $H_2O_2$  as mimetic enzymes [11–14]. However, there are still some concerns related to the use of these aforementioned catalysts, either low catalytic activity or difficult synthesis.

<sup>\*</sup> Corresponding author. Tel.: +86 431 85168352. E-mail address: suxg@jlu.edu.cn (X. Su).

for  $H_2O_2$  and glucose by using a variety of methods such as color reaction in 3,3′,5,5′-tetramethylbenzidine (TMB) [24], ABTS [20], N,N-diethyl-p-phenylenediamine sulfate (DPD) [6], methylene blue [22] and fluorescence enhancement of benzoic acid [23]. However, so far there have been very few papers reporting on employing peroxidase-like activity of  $Fe_3O_4$  MNPs in QDs-based system.

In the present work, we designed a new CdTe QDs-based fluorometric method for  $\rm H_2O_2$  and glucose detection with  $\rm Fe_3O_4$  MNPs as peroxidase mimetic catalyst. In comparison with HRP,  $\rm Fe_3O_4$  MNPs are readily prepared, highly stable and cost effective. The fluorescence of CdTe QDs would be quenched by  $\rm H_2O_2$  more quickly and efficiently in the presence of  $\rm Fe_3O_4$  MNPs as catalyst. Glucose can be further detected via coupling the oxidization of glucose by glucose oxidase with the fluorescence quenching of CdTe QDs by  $\rm H_2O_2$  producer with  $\rm Fe_3O_4$  MNPs catalyst.

#### 2. Experimental

# 2.1. Reagents and chemicals

All chemicals used were of analytical reagent grade and used without further purification. Tellurium powder (200 mesh, 99.8%), cadmium chloride (CdCl<sub>2</sub>, 99+%), glucose oxidase (GOx) were obtained from Sigma–Aldrich Chemical Co. Mercaptopropionic acid (MPA) (99%) was purchased from J&K Chemical Co. Ferric chloride (FeCl<sub>3</sub>·6H<sub>2</sub>O) and ferrous chloride (FeCl<sub>2</sub>·4H<sub>2</sub>O) were purchased from ACROS. Glucose was obtained from Beijing Ding Guo Biotechnology Co. Hydrogen peroxide (H<sub>2</sub>O<sub>2</sub>, 30%) was purchased from Tianjin NO. 1 Chemical Reagent Factory.

#### 2.2. Instrumentation

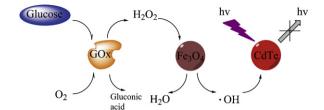
Fluorescence measurements were performed on a Shimadzu RF-5301 PC spectrofluorophotometer. A 1 cm path length quartz cuvette was used in the experiment. The fluorescence spectra were recorded at the excitation wavelength of 380 nm. The slit widths of excitation and emission were both 5 nm.

# 2.3. Synthesis of MPA-capped CdTe quantum dots and $Fe_3O_4$ magnetic nanoparticles

CdTe QDs stabilized by mercaptopropionic acid were synthesized by refluxing routes as described in detail in our previous paper [25]. Briefly, the precursor solution of CdTe QDs was formed in water by adding fresh NaHTe solution to 10 mmol/L  $N_2$ -saturated CdCl $_2$  solution at pH 11.2 in the presence of MPA as stabilizing agent.  $Cd^{2+}/MPA/HTe^-$  ratio was set at 1:2.4:0.5. The CdTe precursor solution was subjected to reflux at 100  $^{\circ}C$  under open-air conditions with condenser attached, and CdTe QDs with different sizes were obtained at different refluxing time. The fluorescence emission wavelength of CdTe QDs used in this study is 570 nm.

## 2.4. Synthesis of $Fe_3O_4$ magnetic nanoparticles

Monodispersed Fe $_3$ O $_4$  magnetic nanoparticles dispersion was prepared by co-precipitation method. Briefly, based on the co-precipitation of Fe $^{2+}$  and Fe $^{3+}$ , 25% NH $_3$ ·H $_2$ O was added to the mixture of iron salts with a molar ratio (Fe $^{3+}$ :Fe $^{2+}$ ) of 2:1 under vigorous mechanical stirring and N $_2$  protection. After 15 min, the precipitates were isolated from the solution by magnetic decantation and washed three times by water. The Fe $_3$ O $_4$  MNPs were then redispersed in water and stored at room temperature for use. The concentration of total Fe in Fe $_3$ O $_4$  MNPs stock solution is 10 mmol/L.



**Scheme 1.** Schematic illustration of the oxidation of glucose by glucose oxidase and subsequently the fluorescence quenching of CdTe QDs by  $H_2O_2$  with  $Fe_3O_4$  MNPs catalyst.

# 2.5. Fluorescence experiments

For studying the effect of Fe<sub>3</sub>O<sub>4</sub> MNPs on the fluorescence of CdTe QDs, the mixture of CdTe QDs (1 mL) and a given concentration of Fe<sub>3</sub>O<sub>4</sub> MNPs was diluted to 10 mL with PBS (pH 6.0, 20 mmol/L), and the fluorescence spectra were recorded at a regular interval of 1 min after adding Fe<sub>3</sub>O<sub>4</sub> MNPs. In the part of fluorescence quenching experiments for H<sub>2</sub>O<sub>2</sub> determination, CdTe QDs (1 mL), Fe<sub>3</sub>O<sub>4</sub> MNPs (1 mL) PBS (pH 6.0, 20 mmol/L) and a given concentration of H<sub>2</sub>O<sub>2</sub> were added into calibrated test tube, sequentially. The mixture was diluted to 10 mL with PBS after thorough mixing of the solution. The fluorescence was measured 5 min after the addition of H<sub>2</sub>O<sub>2</sub> solution. For glucose quantification, a given concentration of glucose was first incubated with GOx (20 µl, 5 μg/mL) in PBS (pH 6.0, 20 mmol/L) for 5 min and then CdTe QDs, Fe<sub>3</sub>O<sub>4</sub> MNPs were added into the solution with a final volume of 10 mL and incubation for 5 min. The process of the oxidation of glucose by glucose oxidase and subsequently the fluorescence quenching of CdTe QDs by H<sub>2</sub>O<sub>2</sub> with Fe<sub>3</sub>O<sub>4</sub> MNPs catalyst is shown in Scheme 1.

# 2.6. Human serum sample

Fresh human serum samples were supplied by local hospital. The serum samples were used directly and diluted 10 times with PBS, and the glucose analysis had been done as described above in Section 2.5.

#### 3. Results and discussion

#### 3.1. The effect of Fe<sub>3</sub>O<sub>4</sub> MNPs on the fluorescence of CdTe QDs

A previous study reported that Fe<sup>2+</sup> and Fe<sup>3+</sup> ions both quench the fluorescence of QDs [26], and some articles also demonstrated that Fe<sub>3</sub>O<sub>4</sub> MNPs can influence the fluorescence intensity of QDs [27]. Considering that Fe<sub>3</sub>O<sub>4</sub> MNPs would be used as catalyst in the present QD-based system, we should investigate the effect of Fe<sub>3</sub>O<sub>4</sub> MNPs on the fluorescence of CdTe QDs firstly. The fluorescence spectra were recorded with 1 min interval after the addition of Fe<sub>3</sub>O<sub>4</sub> MNPs into CdTe QDs solution with vigorous mixing. As shown in Fig. 1, when Fe<sub>3</sub>O<sub>4</sub> MNPs were added to CdTe QDs aqueous solution, an instant decrease in the fluorescence intensity was observed, and the fluorescence intensity reached a plateau for the next 15 min. In other words, the fluorescence intensity of QDs-MNPs system was relatively stable during the period of 1-15 min. It implied that Fe<sub>3</sub>O<sub>4</sub> MNPs were not responsible for further fluorescence quenching in the following experiment. Thus, in our present work, there was no need to separate Fe<sub>3</sub>O<sub>4</sub> MNPs from the solution before recording the fluorescence spectra. The omission of separation step resulted in a simpler and more efficient test.

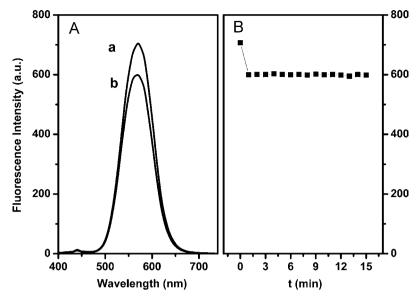
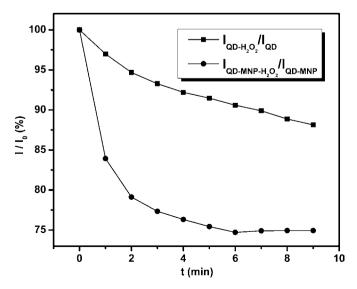


Fig. 1. The effect of  $Fe_3O_4$  MNPs on the fluorescence of CdTe QDs. (A) The fluorescence spectra of CdTe QDs in the absence (a) and presence (b) of  $Fe_3O_4$  MNPs. (B) The relationship between the fluorescence intensity of CdTe QDs and the incubation time in the presence of  $Fe_3O_4$  MNPs. Conditions:  $Fe_3O_4$  MNPs,  $1 \times 10^{-3}$  mol/L; pH, 6.0; temperature,  $25^{\circ}C$ .

# 3.2. CdTe QDs fluorescence quenching by $H_2O_2$ with the $Fe_3O_4$ MNPs as catalyst

In the CdTe QDs-based fluorometric method,  $Fe_3O_4$  MNPs and  $H_2O_2$  acted as a catalyst and quencher, respectively. After the addition of  $H_2O_2$  aqueous solution, the quenching effect of  $H_2O_2$  on the fluorescence of CdTe QDs was investigated in the presence and absence of  $Fe_3O_4$  MNPs, and the results are shown in Fig. 2. From Fig. 2, it can be seen that the fluorescence intensity ratio  $I/I_0$  decreased gradually with the increasing of incubation time in the absence of  $Fe_3O_4$  MNPs ( $I_0$  and I refer to the fluorescence intensity of CdTe QDs in the absence/presence of  $H_2O_2$ ). Compared with CdTe QDs system, the fluorescence intensity ratio  $I/I_0$  ( $I_0$  and I refer to the fluorescence intensity of CdTe QDs- $Fe_3O_4$  MNPs in the absence/presence of  $H_2O_2$ ) decreased rapidly with the increasing of incubation time in the presence of  $Fe_3O_4$  MNPs as catalyst, and attained a plateau after 5 min incubation. The fluorescence quench-



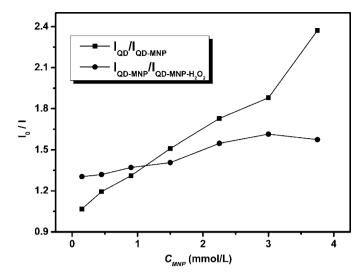
**Fig. 2.** Kinetic study of quenching effects of  $H_2O_2$  in the absence (■) and presence (●) of  $Fe_3O_4$  MNPs. Conditions:  $Fe_3O_4$  MNPs,  $1 \times 10^{-3}$  mol/L;  $H_2O_2$ ,  $5 \times 10^{-5}$  mol/L; pH, 6.0; temperature, 25 °C; incubation time, 5 min.

ing extent of CdTe QDs– $Fe_3O_4$  MNPs system caused by  $H_2O_2$  was obviously greater than that of CdTe QDs system, which indicated that  $H_2O_2$  quenched the fluorescence of CdTe QDs more efficiently in the presence of  $Fe_3O_4$  MNPs as catalyst.

Although Fe<sub>3</sub>O<sub>4</sub> MNPs are reported to have catalytic activity for H<sub>2</sub>O<sub>2</sub>, the related mechanism is still unknown [28]. Yan et al. suggested that Fe<sup>2+</sup> ions played a key role in the mechanism [15]. And it was found that MNPs catalyzed the decomposition of H<sub>2</sub>O<sub>2</sub> into •OH radicals, being confirmed with electron spin resonance (ESR) spintrapping technique [29]. Song et al. proposed that in the presence of excessive H<sub>2</sub>O<sub>2</sub>, a redox process (Fe<sup>2+</sup>  $\leftrightarrow$  Fe<sup>3+</sup>) on Fe<sub>3</sub>O<sub>4</sub> MNPs surface took place to produce hydroxyl (•OH) and perhydroxyl radicals (•HO<sub>2</sub>) [30,31]. For fluorescence of QDs depends on the nature of their surface [4,32], the quenching effect of H<sub>2</sub>O<sub>2</sub> on fluorescence of CdTe QDs might be due to the formation of •OH in the presence of Fe<sub>3</sub>O<sub>4</sub> MNPs and the oxidization of CdTe QDs surface. Considering the oxidation of •OH is greater than H<sub>2</sub>O<sub>2</sub>, we deduced it was •OH that lead to the more efficient oxidation of CdTe QDs and caused fluorescence quenching finally.

# 3.3. Condition optimization

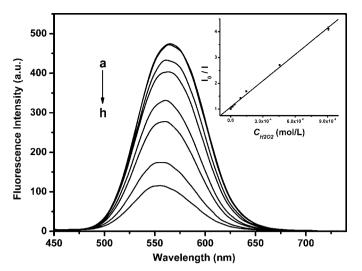
Since Fe<sub>3</sub>O<sub>4</sub> MNPs also influenced the fluorescence of QDs without quencher H<sub>2</sub>O<sub>2</sub>, the optimization of the amount of Fe<sub>3</sub>O<sub>4</sub> MNPs used in the system was important. The effect of the amount of Fe<sub>3</sub>O<sub>4</sub> MNPs on the fluorescence of CdTe QDs in the presence and absence of H<sub>2</sub>O<sub>2</sub> was studied in this work. As shown in Fig. 3, the fluorescence intensity of CdTe QDs decreases with the increase in the concentration of Fe<sub>3</sub>O<sub>4</sub> MNPs. With the same concentration of Fe<sub>3</sub>O<sub>4</sub> MNPs, the effect of Fe<sub>3</sub>O<sub>4</sub> MNPs on CdTe QDs fluorescence was greater than that in the presence of quencher  $H_2O_2$ , indicating that Fe<sub>3</sub>O<sub>4</sub> MNPs affected the fluorescence intensity of CdTe QDs to a greater extent when it was not used as catalyst. Considering the catalytic activity of Fe<sub>3</sub>O<sub>4</sub> MNPs in the presence of H<sub>2</sub>O<sub>2</sub> was proportional to the concentration of Fe<sub>3</sub>O<sub>4</sub> MNP; on the other hand, an increase in concentration of Fe<sub>3</sub>O<sub>4</sub> MNP will increase the background influence. We hope to obtain better catalytic activity of Fe<sub>3</sub>O<sub>4</sub> MNPs while the background influence is not too much. Therefore, accepting a reasonable compromise, we chose 1 mmol/L Fe<sub>3</sub>O<sub>4</sub> MNPs in this study.



**Fig. 3.** The effect of Fe $_3O_4$  MNPs on the fluorescence intensity of CdTe QDs in the presence ( $\blacksquare$ ) and absence ( $\blacksquare$ ) of H $_2O_2$ . Conditions: H $_2O_2$ ,  $5\times 10^{-5}$  mol/L, pH, 6.0; temperature, 25 °C; incubation time, 5 min.

The quenching mechanism of  $Fe_3O_4$  MNPs on CdTe QDs fluorescence is not clear yet. Nie et al. [27] believed that  $Fe_3O_4$  MNPs could not affect QDs fluorescence through electronic coupling and energy transfer. Optical absorption of  $Fe_3O_4$  MNPs was mainly responsible for the observed interference of  $Fe_3O_4$  MNPs on CdTe QDs fluorescence. As  $Fe_3O_4$  MNPs has a broad absorption in the wavelength range of 400-600 nm, it can absorb the excitation light in this range, thus attenuating the light intensity reaching the QDs, which can also explain our observed phenomenon of fluorescence decrease with the increasing amount of  $Fe_3O_4$  MNPs.

As previous study has reported, peroxidase-like activity of  $Fe_3O_4$  MNPs depends on pH and temperature [15,20]. The effect of pH and temperature on the fluorescence quenching of CdTe QDs- $Fe_3O_4$  MNPs system were studied in the absence and presence of quencher  $H_2O_2$  (Fig. 4). It can be observed from Fig. 4A, the fluorescence intensity ratio  $I_0/I$  ( $I_0$  and I refer to the fluorescence intensity of CdTe QDs- $Fe_3O_4$  MNPs system in the absence/presence of  $H_2O_2$ ) decrease with the increasing of pH, which indicates that the quenching effect of  $H_2O_2$  on the fluorescence intensity of QDs- $Fe_3O_4$  MNPs system was much greater in acidic or neutral medium than that in alkaline medium. Since CdTe QDs were not stable in pH < 6 acidic solutions, we used 20 mmol/L pH 6.0 PBS in the further experiment. For temperature effect, it can be seen that the quenching effect of  $H_2O_2$  on the fluorescence intensity of CdTe



**Fig. 5.** The effect of  $H_2O_2$  concentration on the fluorescence emission spectra of CdTe QDs–Fe $_3O_4$  MNPs system.  $I_0$  and I are the fluorescence intensity of CdTe QDs–Fe $_3O_4$  MNPs system in the absence and presence of the  $H_2O_2$ , respectively. a–h represents the concentrations of  $H_2O_2$  of  $1.8 \times 10^{-7}$ ,  $9.1 \times 10^{-6}$ ,  $1.8 \times 10^{-5}$ ,  $3.6 \times 10^{-5}$ ,  $9.1 \times 10^{-5}$ ,  $1.5 \times 10^{-4}$ ,  $4.5 \times 10^{-4}$  and  $9.1 \times 10^{-4}$  mol/L, respectively. The inset shows the relationship between the fluorescence intensity ratio of  $I_0/I$  and the concentration of  $H_2O_2$ . Conditions: Fe $_3O_4$  MNPs,  $1 \times 10^{-3}$  mol/L; pH, 6.0; temperature, 25 °C; incubation time, 5 min.

QDs–Fe $_3$ O $_4$  MNPs system decrease with the increasing of temperature (Fig. 4B). We chose 25  $^\circ$ C as the optimal reaction temperature in this work.

## 3.4. Calibration curve for $H_2O_2$ and glucose detection

Under the optimized reaction condition, the effect of  $\rm H_2O_2$  concentration on the fluorescence emission spectra of CdTe QDs–Fe<sub>3</sub>O<sub>4</sub> MNPs system was studied in this work. As shown in Fig. 5, the fluorescence emission intensity of CdTe QDs–Fe<sub>3</sub>O<sub>4</sub> MNPs system reduced successively with the increasing concentration of  $\rm H_2O_2$  without obvious changes of spectral widths. The inset of Fig. 5 shows that the fluorescence intensity ratio  $I_0/I$  ( $I_0$  and I are the fluorescence intensity of CdTe QDs–Fe<sub>3</sub>O<sub>4</sub> MNPs system in the absence and presence of the  $\rm H_2O_2$ , respectively) linearly increased with the increase of the concentration of  $\rm H_2O_2$ . The linear regression equation is as follows:  $I_0/I = 1.08 + 3.40 \times 10^3 \times C_{\rm H_2O_2}$  (mol/L) with the correlation coefficient of 0.997, the liner range is from  $1.8 \times 10^{-7}$  to  $9.1 \times 10^{-4}$  mol/L, and  $\rm H_2O_2$  can be detected as low as  $1.8 \times 10^{-8}$  mol/L.

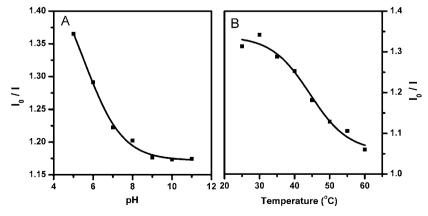
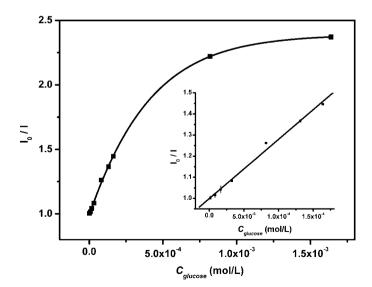


Fig. 4. The effect of pH and temperature on the fluorescence quenching of CdTe QDs-Fe $_3$ O $_4$  MNPs system in the absence and presence of H $_2$ O $_2$ .  $I_0$  and I represent the fluorescence intensity of CdTe QDs-Fe $_3$ O $_4$  MNPs before and after incubating with H $_2$ O $_2$  for 5 min, respectively. Conditions: Fe $_3$ O $_4$  MNPs, 1  $\times$  10<sup>-3</sup> mol/L; H $_2$ O $_2$ , 5  $\times$  10<sup>-5</sup> mol/L; pH, 6.0; temperature, 25 °C; incubation time, 5 min.

**Table 1** Comparison of different methods for the determination of  $H_2O_2$  and glucose.

Method	System	Linear range (mol/L)	Detection limit (mol/L)	Reference
Electrochemistry	Calix[4]arene/glassy carbon electrode (GCE)	$H_2O_2$ , $5.5 \times 10^{-4}$ $-6.3 \times 10^{-2}$	$4.0 \times 10^{-5}$	[33]
-		Glucose, $2.5 \times 10^{-4} - 1.6 \times 10^{-3}$	$2.0 \times 10^{-5}$	
Electrochemistry	GOD/Fe <sub>3</sub> O <sub>4</sub> @SiO <sub>2</sub> /MWNTs/GCE	Glucose, $1.0 \times 10^{-6} - 3.0 \times 10^{-2}$	$8.0 \times 10^{-7}$	[34]
Electrochemistry	Sheet-like FeS	$H_2O_2$ , $5.0 \times 10^{-7}$ $-1.5 \times 10^{-4}$	$9.2 \times 10^{-8}$	[10]
Chemiluminescence	β-Cyclodextrins-based inclusion complexes of CoFe <sub>2</sub> O <sub>4</sub>	$H_2O_2$ , $1.0 \times 10^{-7}$ $-4.0 \times 10^{-6}$	$2.0\times10^{-8}$	[35]
Spectrophotometry	Fe <sub>3</sub> O <sub>4</sub> /ABTS	$H_2O_2$ , $5.0 \times 10^{-6}$ – $1 \times 10^{-4}$	$3.0 \times 10^{-6}$	[20]
		Glucose, $5.0 \times 10^{-5} - 1 \times 10^{-3}$	$3.0 \times 10^{-5}$	
Spectrophotometry	Fe <sub>3</sub> O <sub>4</sub> /DPD	$H_2O_2$ , $5 \times 10^{-7}$ – $1.5 \times 10^{-4}$	$2.5 \times 10^{-7}$	[6]
Fluorometry	Fe <sub>3</sub> O <sub>4</sub> /CdTe	$H_2O_2$ , $1.8 \times 10^{-7} - 9.0 \times 10^{-4}$	$1.8 \times 10^{-8}$	This work
•	- "	Glucose, $1.6 \times 10^{-6} - 1.6 \times 10^{-4}$	$1.0 \times 10^{-6}$	

As glucose can be oxidized by GOx, and produces H<sub>2</sub>O<sub>2</sub>, when the oxidation reaction of glucose by GOx was coupled with fluorescence quenching of CdTe QDs by H<sub>2</sub>O<sub>2</sub> in the presence of Fe<sub>3</sub>O<sub>4</sub> MNPs, a CdTe-based fluorometric method for the determination of glucose can be established. The glucose detection was realized via two steps: first, H<sub>2</sub>O<sub>2</sub> was produced via oxidation of glucose by GOx and then glucose was detected using CdTe QDs-Fe<sub>3</sub>O<sub>4</sub> MNPs system. Fig. 6 shows the curve relation between the concentration of glucose and the fluorescent intensity ratio  $I_0/I$  ( $I_0$  and Iare the fluorescence intensity of CdTe QDs-Fe<sub>3</sub>O<sub>4</sub> MNPs system in the absence and presence of the glucose, respectively). It can be seen that the fluorescence intensity ratio  $I_0/I$  increases gradually with the increasing of the concentration of glucose, when the concentration of glucose reaches  $1.6 \times 10^{-4}$  mol/L, the fluorescence intensity ratio  $I_0/I$  reaches a plateau. The fluorescence intensity ratio  $I_0/I$  increased almost linearly with the concentration of glucose in the range of  $1.6 \times 10^{-6}$ – $1.6 \times 10^{-4}$  mol/L (the inset in Fig. 6). The linear regression equation was as follows:  $I_0/I = 1.00 + 2.80 \times 10^3 \times C_{\text{glucose}}$  (mol/L), with the correlation coefficient of 0.996. This approach can be used to detect as low as  $1.0 \times 10^{-6}$  mol/L glucose. The relative standard deviation was 1.56% for the determination of  $8.0 \times 10^{-5}$  mol/L glucose (n = 9). By comparing with other methods [6,10,20,33-35] for the determination of H<sub>2</sub>O<sub>2</sub> and glucose as shown in Table 1, the proposed method is superior in the lower detection limit and wider linear range.



**Fig. 6.** The relationship between the fluorescent intensity ratio  $I_0/I$  and the concentration of glucose.  $I_0$  and I are the fluorescence intensity of CdTe QDs–Fe<sub>3</sub>O<sub>4</sub> MNPs system in the absence and presence of the glucose, respectively. The inset shows the calibration curve in the glucose range of  $1.6 \times 10^{-6}$ – $1.6 \times 10^{-4}$  mol/L. Condition: glucose and 5  $\mu$ g/mL GOx incubated in pH 6.0 at 25 °C for 5 min. After the addition of  $1 \times 10^{-3}$  mol/L Fe<sub>3</sub>O<sub>4</sub> MNPs, the mixture incubation for 5 min.

Table 2 The interference study for the determination of glucose  $(8\times 10^{-5}\ mol/L)$  by the proposed method.

Coexisting substance	Fold of coexisting	$\Delta I^a/I$ (%, $n=3$ )	
	substance of not		
	causing interference		
Na <sup>+</sup>	260	0.95	
K <sup>+</sup>	260	0.39	
Al <sup>3+</sup>	100	-2.19	
Mg <sup>2+</sup> Ca <sup>2+</sup>	80	-5.42	
Ca <sup>2+</sup>	40	-2.37	
Fructose	100	-3.55	
Lactose	100	2.66	
Ascorbic acid	10	-4.13	

<sup>&</sup>lt;sup>a</sup>  $\Delta I = I_0 - I$ , where  $I_0$  and I are the fluorescence intensity of CdTe QDs–Fe<sub>3</sub>O<sub>4</sub> MNPs–GOx–glucose system in absence and presence of interfering species.

#### 3.5. Interference study

For further evaluating the detection selectivity of CdTe-based fluorometric method for glucose determination, the investigation was carried out at a glucose concentration of  $8\times 10^{-5}$  mol/L with various coexistence substrates added. The tolerance of each coexistence substrate was taken as the highest concentration yielding a relative error less than  $\pm 5\%$ . As shown in Table 2, the results showed that the tolerable concentration ratios of coexisting substances to  $8\times 10^{-5}$  mol/L glucose was over 260-fold for Na+, K+, 100-fold for Al³+, 80-fold for Mg²+, 40-fold for Ca²+, 100-fold for fructose and lactose, and 10-fold for ascorbic acid. Thus, the proposed fluorometric method displays a high selectivity for the determination of glucose.

# 3.6. Determination of glucose in human serum samples

In order to evaluate the feasibility of the proposed method, the developed fluorometric method was applied to the determination of glucose in three human serum samples. The results are listed in Table 3. From Table 3, it can be seen that the results obtained by CdTe-based fluorometric method were in good agreement with those provided by local hospital. The results demonstrate that this new proposed fluorometric method can be applied in practical sample analysis.

**Table 3**Analytical results of glucose in the in human serum samples.

Serum samples	Proposed method mean ± SD (mmol/L)	Local hospital (mmol/L)	Relative deviation (%)
Sample 1	$7.51 \pm 0.23$	7.2	4.31
Sample 2	$3.98 \pm 0.05$	4.1	-2.93
Sample 3	$5.40\pm0.10$	5.1	5.88

#### 4. Conclusions

In this work, a new CdTe QDs-based fluorometric system has been established for H<sub>2</sub>O<sub>2</sub> and glucose detection with Fe<sub>3</sub>O<sub>4</sub> MNPs as catalyst. H<sub>2</sub>O<sub>2</sub> can be produced via oxidization of glucose by glucose oxidase, and H<sub>2</sub>O<sub>2</sub> can be decomposed in the presence of Fe<sub>3</sub>O<sub>4</sub> MNPs as catalyst to produce radical, which cause the fluorescence quenching of CdTe QDs efficiently and rapidly. Under the optimal reaction conditions, a linear correlation was established between the fluorescence intensity ratio  $(I_0/I)$  and concentration of  $H_2O_2$  from  $1.8 \times 10^{-7}$  to  $9 \times 10^{-4}$  mol/L with a detection limit of  $1.8 \times 10^{-8}$  mol/L. Determination of glucose was achieved by coupling the two reactions of glucose oxidization and fluorescence quenching. A linear correlation was established between fluorescence intensity ratio  $(I_0/I)$  and concentration of glucose from  $1.6 \times 10^{-6}$  to  $1.6 \times 10^{-4}$  mol/L with a detection limit of  $1.0 \times 10^{-6}$  mol/L. The proposed method was applied to the determination of glucose in human serum samples with satisfactory

#### Acknowledgements

This work was financially supported by the National Natural Science Foundation of China (No. 20875036, No. 21075050), the Development Program of the Ministry of Science and Technology of Jilin Province, China (No. 20080544) and the Scientific Research Foundation for the Returned Overseas Chinese Scholars, State Education Ministry.

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